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Jan/Feb 2015

RECOVERY *In Action*

Serving Southeastern Arizona

~The Most Important Job in NA~

Please support your
NA Newsletter with
submissions, feedback
or suggestions.
Email them to
newsletter@naticson.org

We know that the newcomer is the most important person at any meeting, but do we all know what the most important job in Narcotics Anonymous is? We know from our "upside down pyramid" service structure that the groups are the highest level of service in this structure. This is because each group's primary purpose is to carry the message to the still suffering addict. All other NA services support the groups, through various levels to the extent of a worldwide fellowship.

Within the group there are several service positions which are commonplace. These positions are of service to a specific group. So, what is the most important job in an NA group? The home group member.

Without home group members, groups would not exist and in turn, neither would the rest of the fellowship. It is the home group members who are there to hold NA meetings and it is the members who are the ones who welcome and support the "most important person".

It is the self-supporting home group that allows NA the freedom from outside influences. We often pass donation baskets at meetings to help pay for rent and literature, but no amount of money can buy the combined experience and empathy that a solid group can offer. Money cannot buy a "stable atmosphere of recovery", fostered by members who have learned to live a day at a time and come to share their hope with others. It is these members of a group, a group that is able to stand on its own by paying its own way, having its own experience and produce its own trusted servants, that are able to experience true freedom. As long as God is able to speak through an addict that has two days clean to help an addict with one day clean, this freedom is available to us all.

Anyone is eligible for the most important job in NA because we all have something to contribute to a group. Because it is such an honor and opportunity and should be treated as such, some things should be considered. Things such as the time of day and location(s) where the group hosts its meeting(s). If we are not able to participate fully, we are selling ourselves short on getting back what we put in. Also, because of the autonomy afforded to the individual groups, there are many different types and formats of meetings that are held. This can also be taken into consideration when finding our home.

Being a part of a home group and having the opportunity to give back some of what was given to us is only a part of the whole program. Having a sponsor and working steps are the meat of it, but going to meetings and giving back are sides of the whole plate that is recovery. Here, we don't have to push anything off to the side or save any for later because it's all healthy, it's all good and we can have as much as we want.

- Logan M.

You Belong

You shuffle into the room, head down, and take a seat in the back. You try to listen to the words being spoken, but your mind keeps drifting off. You aren't like these people. You have nothing in common with them. They wouldn't understand your problems. The old man in leather with tattoos and a beard is talking about the time he did in prison. You were never that bad. You must not have reached your bottom yet. The young lady in the back talks about how she got clean when she got fired from her job. That's nothing compared to your life. You must be too far gone to get better. Your life is unmanageable and you are miserable, and these people smile and hug each other. Their stories blur together, but you hear one refrain: Keep coming back.

What choice do you have? You can't go on living the way you have been. So you keep coming back. Soon, people start to recognize you. They ask how you are doing, and you open up a little. You gather the courage to share where you are at in a meeting. You start to listen for the similarities instead of the differences. You might even attend a dance, a campout, or a picnic. Before you know it, you are making friends. You go for stretches of time without the thought of using. You swallow your pride and ask someone to sponsor you. You read the literature, and you feel like whoever wrote it must have been stalking you! You start taking suggestions and being of service. You admit you are powerless over your addiction, that your life has become unmanageable. One day, it just hits you: *You belong*.

- Kati M.

NEXT MONTH'S TOPIC!

We would love your submissions for next month's newsletter! As a subcommittee, we have decided to introduce (optional) topics for each newsletter. So if you want to submit a piece and don't know what to write about, don't worry! For our February/March newsletter, we would like to hear about your experience with your first NA meeting. We are looking for submissions 100 - 550 word in length.

Happy Birthday!

Proof that the program works!

Chris W. ~ 01/01/1987
Terri H. ~ 01/02/2010
Taylor B. ~ 01/03/2013
Marcos F. ~ 01/06/1989
Lindsey S. ~ 01/06/2008
Laura Y. ~ 01/06/2011
Holliday F. ~ 01/05/1987
Billy B. ~ 01/07/2009
John B. ~ 01/10/1987
Danny W. ~ 01/13/2013
Jose G. ~ 01/17/2014
Cassie W. ~ 01/19/2012
Bryan E. ~ 01/22/2012
Amy K. ~ 01/26/2014
Henry D. ~ 02/02/1982
Connie W. 02/02/1990
Mary Jean G. ~ 02/02/1993
Jrysi F. ~ 02/06/2014
Stephanie W. ~ 02/07/2010
Erika K. ~ 02/11/2014
Kati M. ~ 02/12/2013
Don B. ~ 02/14/1992
Mohammed O. ~ 02/18/2012
Lisa S. ~ 02/19/2010
Darcy P. ~ 02/21/2008
Theo V. ~ 02/27/2014

If you have a clean date birthday of one or more years, please email it to Newsletter@natucson.org

SERVICE *In Action*

SEAZNAC I - Be of Service!

Meeting Schedules

SEAZNAC Meeting

Next Meeting: Sunday, Dec. 28, 1 p.m. at Tucson Hilton East, 7600 E. Broadway. Contact Ken P. at SEAZNACchair@natucson.org

Arts & Graphics

Committee meets 3rd Thursday of every month, 6 p.m. at Starbucks on Speedway & Country Club, 3025 E. Speedway Blvd. Contact Dan J. SEAZNACgraphics@natucson.org

Entertainment & Fundraising

Contact Bill M.
at SEAZNACentertainment@natucson.org

Hotel & Hospitality

Contact Ward S.
at SEAZNACHospitality@natucson.org

Merchandise

Contact Connie L.
at SEAZNACmerchandise@natucson.org

Programming

Contact Tommy C.
at SEAZNACprogramming@natucson.org

Registration

Contact Laurie N.
at SEAZNACregistration@natucson.org

Welcoming

Contact Edmund at welcoming@natucson.org

Subcommittee Service

SEAZNA Area Service Committee

2 p.m. on 2nd Sunday of each Month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Activities Subcommittee

Contact activities@natucson.org

Hospitals & Institutions Subcommittee

12:30 p.m., Second Sunday of the month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Mt. Lemmon Bash Subcommittee

Contact bash@natucson.org

Newsletter Subcommittee

Contact newsletter@natucson.org

Outreach Subcommittee

Contact outreach@natucson.org for more information.

Phoneline Subcommittee

10 a.m., second Sunday of the month,
Coffee XChange, 2443 N. Campbell
(Grant & Campbell)

Public Relations Subcommittee

Meeting held on line, contact pr@natucson.org for details

Phoneline is looking for Spanish-Speaking volunteers to be of service!

(phoneline@natucson.org)

Public Relations is looking for paper route volunteers to help distribute meeting lists!

(pr@natucson.org) or contact Brendan G. @ 520-312-3931

AREA EVENTS & ACTIVITIES

Please check the website www.natucson.org for updates and more information



Activities Goes Bowling: 1st Sunday of the month, 4:30pm @ Golden Pins Lanes, 1010 W. Miracle Mile. \$1/game & \$1/shoes.



Medallion Night and Potluck: Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm.



Monday Night Young People's Speaker Meeting: 3rd Monday each month.

January: Drew B.
February: Mary Jean G.

Upcoming Events in and around AZ

MACCNA VI in Yuma: March 13th - 15th, 2015. "Simplicity is the Key", the 6th Mexico Arizona California NA Convention is in Yuma at the Shilo Inn Suites & Hotel.

ARCNA XXIX in Phoenix: May 22nd - 24th, 2015. "Out of the Darkness" Double Tree Resort by Hilton Hotel Paradise Valley, 5401 N. Scottsdale Rd. Scottsdale, Arizona 85250



SEAZNAC I

Save the date!
July 3rd - 5th, 2015.

For more information, visit:

<http://natucson.org/convention>

Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA

Want to share your Experience, Strength, and Hope?

Submit your recovery related stories, poems, jokes, etc. to:

RECOVERY IN ACTION

(newsletter@natucson.org)

Don't know what to submit?

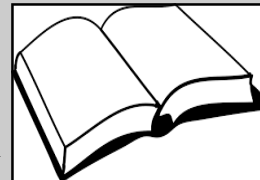
Ask your Sponsor for ideas!

~ AREA EVENTS ~



SEAZNAC I Fundraiser BBQ: Saturday, Jan. 17th at 4pm, Streams in the Desert Church on 5360 E. Pima St. \$5 suggested donation, see <http://natucson.org/events> for more info.

SEAZNA PR Learning Day: Saturday, Jan. 24th, 10am - 12:30pm. Sam Lena Library at 1607 S. 6th Ave. (North Building, Municipal Complex)



ARCNA Speaker Jam, Spaghetti Dinner, and Dance: Saturday Feb. 21st from 12pm - 11pm. Streams in the Desert Church on 5360 E. Pima St.

5th Annual Deep South Campout: May 24th - 26th at Parker Canyon Lake.
Steven.servant.az@gmail.com
For more info.



Thank you

Thank you to everyone who made our New Year's Black and White Ball a success!