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November/December 2015

RECOVERY *In Action*

Serving Southeastern Arizona

~ Productive Member of Society ~

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NA Newsletter with
submissions, feedback
or suggestions.

Email them to
newsletter@natucson.org

So the topic first brings to mind the fact that every job I've had since I got clean was a happenstance kind of thing. I have never been successful deciding I am going to do that and then getting there. That said, my future wife and I moved to Tucson because she got a full time job offer.

We had only known each other at that time for about 5 months. My job at the time was going nowhere but that's a different story. I offered to move here with her and she accepted. I have Bachelor Degrees in Civil Engineering and in Applied Math. Upon arrival I sent out beaucoup resumes with exactly 0 results.

One day at a meeting I happened to mention I was looking for work. A fellow addict at said meeting suggested I apply at the Residential Treatment Center he worked at. I did and was hired as a night time BHT. I eventually progressed to a daytime position with a caseload of clients. This was the best job I ever had. I loved it. Doing 12th Step Work and getting paid for it. I liked most of the people I worked with and things were ok.

Well one day I was driving across town and a segment came on the radio about Lute Olson getting a \$40,000 a year raise. It struck me as absurd that his raise was more than my annual salary. What did he do? He coached a team that played a game. What did I do? I worked with people helping them become productive members of our society. Look at the disparity in our remunerations. He entertains people while I helped people. Our culture does not value helping people. They just want to be entertained.

I have the greatest respect for the people that work in the "Social" fields. The work was rewarding in many ways but I wanted more money.

I was eventually able to gain employment that made more use of my formal education. I make more money and have been able to do many things I would not have been able to at prior pay scale. I like my job and the people I work with but if I could do my former job for the money I make now I would do it in a heartbeat.

Namaste.

- Bodhi A.

~ Integrity ~

When I came to NA, I had never learned to support myself, or what it meant to be a productive member of society. The longest I'd ever held a job was a few months, and even then, I was stealing money out of the register. I moved out of my mother's house when I was still in high school, and moved in with my then-boyfriend. We split up less than a year later, and I moved from Florida to Hawaii and married a guy I had met about 2 months prior. My addiction followed me and continued to progress, and eventually landed me in NA.

I had never in my life truly given back to society. My actions were selfish and self-centered. I did what I pleased with no regard for anyone else. As my addiction grew worse, I cornered myself off from society. I got a divorce, I bounced around the country without a home, staying wherever I could stay as long as it was tolerated before moving on to the next place.

When I finally got clean, I had to start from scratch. I had always been taken care of by someone else. I had never had to manage things like keeping a roof over my head or earning and budgeting my own money. I had a year clean before I finally started working.

But work is only part of being a responsible, productive member of society. I had to stop many of my old behaviors. Lying and stealing were no longer acceptable ways to get by. I had to learn something called integrity. To me, integrity is vastly more important than how much money I earn, or where I choose to work. It is easy to see a doctor or a lawyer as a more productive member of society than a janitor or a cashier, but social acceptability does not equal recovery, and salary and education do not equal integrity. It isn't what we do or how much we make, but the principles by which we choose to live our lives that matters. I may not be rich by any means, but I work in a field that allows me the opportunity to practice integrity and to help others, and that is important to me.

I am also active in the NA program, being of service whenever possible. Giving without expectations is a gift in recovery. It allows me to feel good about who I am and where I am going. Even if I never make enough to buy a home, drive a luxury car, or even do much but stay afloat, I am living a life I can be proud of today, thanks to NA.

- Kati M.

**NA IS LIKE THE
MAFIA...**

**ANYWHERE YOU GO IN
THE WORLD, YOU
HAVE FAMILY.**

**BUT IF YOU LEAVE,
YOU DIE.**

Happy Birthday!

Proof that the program works!

Wayne H. ~ 11/03/2008
Randy E. ~ 11/03/2011
Dan M. ~ 11/04/2006
Christina P. ~ 11/07/2010
Kayla S. ~ 11/09/2011
Belinda P. ~ 11/10/2005
Kristy S. ~ 11/10/2012
Meredith S. ~ 11/12/2014
Josh S. 11/15/2012
Andy C. ~ 11/17/1994
Judy C. ~ 05/22/2014 (18 mos.)
Sklyer S. ~ 11/23/2012
Emily S. ~ 11/25/2010
Kirstin L. ~ 05/26/2014 (18 mos.)
Topher H. ~ 11/27/2013
Maria M. ~ 12/04/2012
Robin L. ~ 12/07/2012
Cristina H. ~ 12/15/2013
Anthony G. ~ 12/21/2009
Christina A. ~ 06/21/2014 (18 mos.)
Kory B. ~ 12-21-2013

If you have a clean date birthday of one or more years,
please email it to Newsletter@natucson.org

NEXT MONTH'S TOPIC!

Step 10: *We continued to take personal inventory and when we were wrong promptly admitted it.* We want you to share your experience, strength, and hope about taking a daily inventory and making continuous amends. How do you work a tenth step, and how has this step affected your recovery and your life? We are looking for essays, poems, etc. approximately 650 words or less. These submissions can be sent to newsletter@natucson.org or submitted handwritten to Kati M. or Jesse A.

~ SEAZNAC II Contact List ~

Chair

contact Don B. at SEAZNACchair@natucson.org

Arts & Graphics

Contact John B. at
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Welcoming Contact Kayla S. at
welcoming@natucson.org

Subcommittee Service

SEAZNA Area Service Committee

2 p.m. on 2nd Sunday of each Month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Activities Subcommittee

Contact activities@natucson.org

Hospitals & Institutions Subcommittee

12:30 p.m., Second Sunday of the month
Streams in the Desert Lutheran Church
5360 E. Pima St. (west of Craycroft)

Mt. Lemmon Bash Subcommittee

Contact contactbash@natucson.org

Newsletter Subcommittee

Contact newsletter@natucson.org

Outreach Subcommittee

Contact outreach@natucson.org for more information.

Phoneline Subcommittee

Contact phoneline@natucson.org

Public Relations Subcommittee

Meeting held on line, contact pr@natucson.org for details

***Phoneline is looking for Spanish-Speaking volunteers to be of service!
(phoneline@natucson.org)***

***Public Relations is looking for paper route volunteers to help distribute meeting lists!
(pr@natucson.org) or contact Brendan G.
@ 520-312-3931***

AREA EVENTS & ACTIVITIES

Please check the website www.natucson.org for updates and more information



Activities Goes Bowling: 1st Sunday of the month, 4:30pm @ Golden Pins Lanes, 1010 W. Miracle Mile. \$1/game & \$1/shoes.



Medallion Night and Potluck: Last Monday of the month @ First United Methodist Church (915 E. 4th street). Show up at 7 if you are getting a medallion (1 year or more) meeting starts @ 7:30pm. **Medallion Night is now upstairs, follow the signs.**



Monday Night Young People's Speaker Meeting: 3rd Monday each month.

November: Jesse A.

Tucson Area Meetings: Changes & Support

NEW MEETING: A moment of Clarity starts November 1st at 6:30pm, St. Mark's Church 1431 W. Magee Rd, Room 17 Southwest corner of Magee & N. La Canada

NEW MEETING: Groundhog Group Extended will meet at **11pm** on Friday nights at 2610 N. Stone Ave. Starting **August 14th, 2015**. This meeting needs **women with clean time** to come support the meeting.

Mi Casa Su Casa needs women for support, especially those who are willing to sponsor. Meeting is at **7pm Tuesdays and Thursdays** at **El Pueblo Neighborhood Center**, 101 W. Irvington Rd., #5A

If your home group needs support, or if a new meeting is starting, please send the info to newsletter@natucson.org

Want to share your Experience, Strength, and Hope? Submit your recovery related stories, poems, jokes, etc. to:

RECOVERY IN ACTION

(newsletter@natucson.org)

Don't know what to submit?

Ask your Sponsor for ideas!

~ AREA EVENTS ~

Thanksgiving in Benson. Wednesday, November 25th, Episcopal Lutheran Church 730 Hwy 80, 7:00-8:30 pm. To sign up to bring a dish contact Kimberly S. at (520) 720-7717.



Stuff-o-rama! November 26th At 1:00 400 E. University Blvd. food drop off 10:00am! Bring covered dish, will take uncooked turkeys on the 25th More info. Questions? Jody at 520-444-3364.

Upcoming Events in and around AZ

ARCNA XXX presents Fall Festival November 14th, goes from 3pm- 8pm. Location is 1407 North 2nd St., Phoenix AZ 85004. Carnival booths, bingo, food and Speaker.

Phoenix Area presents News Years Ball December 31st at the Phoenix Airport Marriot, 1101 N. 44th St. Marathon meeting start at 1pm, Banquet at 6:30 pm (\$50 suggested donation) Speaker at 8 pm. Reserve your room 602-273-7373 code NA New Years Ball.

The Southern California 9th Regional Cruise. April 2nd - 9th, 2016. 7 day cruise to the Eastern Caribbean Sea. Leaving from Miami, FL. Apr. 2, returning Apr. 9, 2016 featuring stops in the Virgin Islands and Bahamas.

Submission Disclaimer: All material submitted becomes property of the Newsletter Sub-Committee and will be edited for content, length, and clarity of the NA message.